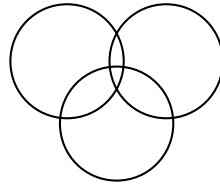


Life Change Management

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29th February 2016

To: The Psychology Board of Australia

As a former Chairperson of the APS College of Counselling Psychologists (NSW) and a current member of the National Executive of the College, I am disturbed by the Psychology Board's definition of Counselling Psychology and the associated competencies as reflected in the Board's consultation paper.

Having been on the Review Board examining Counselling Psychology programs in a number of universities, it would appear the Consultation Paper does not accurately express the teaching and practice of Counselling Psychology.

The National Executive comprising of Academics and Practitioners with a wealth of experience in Counselling Psychology prepared an amended definition of counselling psychology and associated competencies. This revised definition of Counselling Psychology in Australia is in keeping with the International Standards for this specialised area of Psychology theory and practice.

The therapeutic work undertaken by Counselling Psychologists across a wide range of mental health disorders people encounter throughout the life span is managed by a range of evidence based practices. These are reflected in the revised competencies.

I support the amended definition and competencies and attach the amended document which was developed by the College.

Yours sincerely

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