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Psychology Board of Australia GPO Box 9958 Melbourne VIC 3001 Psychconsultation@ahpra.gov.au

Swanbourne WA 6010

Re Public Consultation paper 26: Area Of practice

Endorsements Dear Board members

I am pleased to have the opportunity to respond to the *Public Consultation Paper 26: Area of Practice Endorsements* 

I have read and agree with the revised competency statements for the endorsed area of Counselling Psychology provided by the Australian Psychological Society College of Counselling Psychologists, the Association of Counselling Psychologists and Curtin University.

The revised statements relating to competence in psychological assessment, diagnosis of mental health disorders, as well as competence in individual, couple, family and group interventions is an accurate and informative representation of masters counselling psychology training that I received, and the counselling psychology work that I currently carry out.

My work for the past 12 years in the public sector in the area of women's health includes psychological assessment relating to perinatal and infant mental health, chronic pelvic pain and other gynaecological issues. On a daily basis I carry out assessments, formulations, and mental disorder diagnoses in a mental health setting and provide evidence based treatments. I have utilised my training in research to contribute to the development of a perinatal anxiety assessment tool and to develop unique evidence based therapies relevant to particular perinatal mental health presentations.

My work includes the consideration of the developing relationship between the pregnant mother and her unborn child, infants (0-5 years of age), adolescents and the elderly. I utilise my training in couple and family therapy on a daily basis to inform my work not only with couples but also the developing relationship between an infant and his/her parents and other family members.

Yours sincerely

Elizabeth Oxnam BA(Psych), BPsych, MPsych (Counselling Psychology)