

4 March 2016

Dear Psychology Board of Australia,

I am writing in support of the revised definition of Counselling Psychology, put forward by the Association of Counselling Psychologists.

I am a counselling psychologist who works with children, adolescents and adults presenting with various mental health conditions. I have successfully worked with many complex clients and families. My university training provided me with a solid base of knowledge of case formulation and evidenced-based treatment for mental health conditions, as well as skills to conduct and critically evaluate research. The current definition of Counselling Psychology should be altered in order to better reflect my expertise and that of my counselling psychology colleagues.

Kind regards,

A handwritten signature in black ink, appearing to read 'Sharae Coughlan', with a stylized flourish at the end.

Dr Sharae Coughlan