

The Psychologists Board of Western Australia

APPLICANT'S PROGRAMME - CLINICAL PSYCHOLOGY Checklist of Specialist Skills and Knowledge

INTRODUCTION

Psychologists entering supervision for registration of the specialist title, Clinical Psychologist, must have completed a Board approved Masters degree in Clinical Psychology, or equivalent. A minimum of two years (full time equivalent) supervised practice is required for registration as a Clinical Psychologist. The following Applicant's Programme details particular requirements of Clinical Psychologist (Registrar) supervisors and supervisees, and the areas of professional and ethical conduct, assessment, intervention, and communication in which the supervisee is expected to be competent at the conclusion of the supervision period. The Programme should be implemented in conjunction with the general Supervision Guidelines For Specialist Title.

REQUIREMENTS OF CLINICAL PSYCHOLOGY SUPERVISORS DURING THE TWO YEAR SUPERVISION PERIOD

1. It is the supervisor's responsibility to ensure supervisees have adequate knowledge of relevant research, theory and policy before intervention.
2. It is the supervisor's responsibility to ensure supervisees have access to appropriate intervention models, such that undue intervention bias does not operate as a consequence of the supervisory relationship.
3. It is the supervisor's responsibility to bring to the supervisee's attention in supervision any limitations of competence, ethical difficulty, personal bias or aspect of personal development in the supervisee which the supervisor perceives to be affecting the supervisee's professional development and/or professional application.
4. Supervisors are expected to offer sufficient supervision opportunities such that the competencies outlined in the following programme (points 2 to 4) can be examined on a regular basis. Supervisors are expected to keep weekly documentation
5. Supervisors are expected to observe supervisee's work directly as part of the supervision process in vivo, or by video or audio tape.
6. Supervisors are expected to intermittently view active files of the supervisee as part of the supervision process.

REQUIREMENTS OF CLINICAL PSYCHOLOGY SUPERVISEES DURING THE TWO YEAR SUPERVISION PERIOD

Supervisees are expected to develop the capacity for continuing self-appraisal and appropriate consultation over the supervision period. In particular they are expected to:

- (1)
 - (a) Identify the limit of their competence in any given situation and consult with their supervisor regularly with regard to their competence.
 - (b) In consultation with their supervisor arrive at a mutually agreed upon course of action where competence is limited.
 - (c) Implement the agreed upon course of action (which may include seeking other professional opinion).
- (2)
 - (a) Identify broader areas in which they require continuing professional development.
 - (b) In consultation with their supervisor arrive at a plan to develop these areas.
 - (c) In consultation with their supervisor monitor their progress in these areas and readjust the plan as necessary.

INSTRUCTIONS FOR SUPERVISORS

Each standard of practice should be rated as:

C	Competency Attained
S	Satisfactory Progress
U	Unsatisfactory Progress <i>(Needs specific attention)</i>
NA	Not Applicable

SUPERVISOR: _____

SUPERVISEE: _____

PERIOD ASSESSED: _____

Rating			
C	S	U	NA

1. ETHICAL FRAMEWORK AND PROFESSIONAL CONDUCT

1.1 Familiarity with Acts of Parliament relevant to the Applicant's work settings (including):

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- Psychologists Registration Act
- Freedom of Information Act
- Mental Health Act
- Workers Compensation Act
- Public Service Act (where relevant)
- Criminal Injuries Compensation Act
- Children & Community Services Act
- Disability Services Act
- Guardianship Act
- Trade Practices Act (WA) 1996
- Health Services Conciliation & Review Act 1995
- Fair Trading Act 1987

1.2 Conduct consistent with relevant professional aspects of working independently as a clinical psychologist including:

(a) APS Code of Ethics and other relevant ethical Codes

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(b) Understanding how ethical principles are used to guide professional practice in Clinical Psychology

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(c) Commitment to ongoing programme of professional education and development that addresses identified personal and professional limitations

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(d) Clear and consistent use of informed consent Procedures

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(e) Knowledge of limits of competence and personal limitations that may affect work with clients

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Rating			
C	S	U	NA

1.3 Competent in the relevant clinical aspects of working independently as a Clinical Psychologist:

(a) Ability to analyse accurately the functions and recognise the specialist skills of a Clinical Psychologist in particular settings

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(b) Capacity to work as a scientist practitioner, engaging knowledge in relevant psychological and social areas

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(c) Knowledge of the roles of other professions and the capacity to report to other professionals appropriately and work collaboratively

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2. ASSESSMENT

2.1 Administer, interpret and integrate a range of assessment devices:

(a) clinical interviews

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(b) behavioural observations

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(c) tests of intelligence and social functioning

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(d) appraisals of cognitive functioning

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(e) personality tests

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2.2 Assessment procedures to include:

(a) Selection of appropriate assessment techniques or instruments with proper consideration of issues of reliability and validity

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(b) Knowledge of and competency with interview and developmental case history.

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Clinical interviews to include:

- Developmental and family history
- Psychosocial functioning
- Cognitive functioning
- Behavioural functioning
- Biological considerations (eg medical conditions, drug usage)
- Mental state Examination (where appropriate)

Rating			
C	S	U	NA

(c) Psychometric and psychodiagnostic testing
(where appropriate)

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(d) Behavioural observation and functional analysis
(where appropriate)

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(e) Knowledge of psychopathology and
Critical understanding of the use of various
Diagnostic classification systems
(DSM-IV and ICD-9)

2.3 Competent in formulation procedures, including
Information from context of referral, assessment
information, diagnoses: providing the guidelines and
framework for intervention with demonstrated
knowledge of the implications of different forms of
intervention for the case.

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*(Supervisor should have a representative sample of at
least 40 formulations)*

3. INTERVENTION

3.1 Competent in intervention procedures:

Ability to work as a scientist practitioner to:

- Draw from appropriate research literature
- Review documents of departmental and
Professional practice relevant to the intervention
- Formulate and test hypotheses
- Draw from knowledge of a range of intervention
Procedures
- Design or select appropriate intervention
- Evaluate outcome appropriately

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3.2 Demonstrates skilful application of intervention
Processes:

*Applicant's Programme - Clinical Psychology
Checklist of Specialist Skills*

Rating			
C	S	U	NA

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|-----|--|---|--|--|--|--|
| (a) | Understands intervention processes
(engagement, maintenance, termination, etc) | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
| | | | | | | |
| (b) | Forms a positive working alliance with a variety
of clients | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
| | | | | | | |
| (c) | Able to utilise psychotherapy and/or
behaviour therapy with:
* individuals
* couples
* families | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
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| (d) | Provide consultative service to other
professionals and carers regarding clinical
psychological problems | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
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4. COMMUNICATION

4.1 Competent in oral and written communications:

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| (a) | Ability to communicate adequately with clients,
other psychologists, other professionals
and with the general public | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
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| (b) | Capacity to appear as an expert witness,
including knowledge of Court systems,
presentation in Court, and relevant policies and
practices. | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
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| (c) | Ability to write adequate psychological reports
for a range of audiences. | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
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| (d) | Ability to write adequate psychological reports
for the legal system | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
| | | | | | | |
| (e) | Ability to keep appropriate records and case
notes in accordance with requirements of
professional setting | <table border="1" style="display: inline-table; width: 100px; height: 20px;"> <tr> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> <td style="width: 25px;"></td> </tr> </table> | | | | |
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COMMENTS

Please provide any comments on supervisee's performance, particularly where a rating of "U" or "NA" has been given:

Item No.	Comments

SUPERVISOR

SUPERVISEE

DATE

DATE