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23 February 2016

Psychology Board of Australia
GPO Box 9958
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Dear Board members,

Re: Public consultation paper 26: Area of practice endorsements

I thank you for providing an opportunity for me to provide input on the definition of Counselling Psychology.

I have read the revised competency statements provided to you by the Association of Counselling Psychologists and the APS College of Counselling Psychologists and I would like you to know that I endorse it wholeheartedly. I believe that it accurately reflects the specific nature of our training, practice and research. Counselling Psychology is a specialised domain and deserves to be recognised as such.

For several years I have been working in private practice offering a range of services to clients. I provide interventions to teenagers, adults, couples and families who present with issues ranging from normal everyday living problems to severe and chronic mental health issues. Many of the latter have found the government based mental health services inadequate to meet their very complex needs. A large percentage of my clients present when they are struggling with issues which limit their lives and if remained untreated, would become debilitating to their mental health and future functioning.

I have found my training in Counselling Psychology to have been an excellent basis for the assessment, diagnosis, formulation and provision of therapy to people who suffer a range of mental health conditions. It also encouraged a strong sense of responsibility and commitment to my ongoing learning and development as a Psychologist.

I strongly believe that the corrected competency statements reflect the postgraduate training I received and the clinical reality of my work.

If you have any queries please make contact on the details provided above.

Yours Sincerely,



Wendy L Wager
Counselling Psychologist